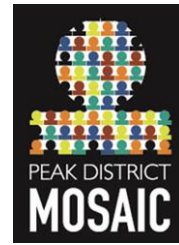
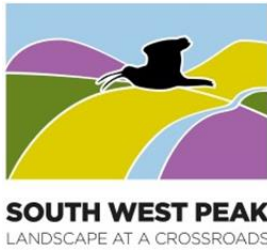


Made possible with  
**Heritage  
Fund**

## **South West Peak Mosaic - Case Study 1: Peak Wise People Training**

### **Contents**

Introductory Programme .....	2
Navigation Training Day .....	6
Growing the Knowledge.....	8
Planning Your Visit .....	11
Local History Day.....	20
VTO comments.....	22



## PEAK WISE PEOPLE

### Introductory Programme

Oaklands Manor Buxton 13<sup>th</sup> April, 10:00 – 3:30

#### Aims

- To introduce and familiarise everyone with the Peak Wise People Project.
- To share some enjoyable and versatile ways to connect with the Peak District National Park.
- To find out the learning requirements of the group and begin to plan themes for learning during the project.

#### Programme

10:00 -10:30 Arrival, Tea and Coffee

10:30 - 11:00 Welcome and Ice breaker activity

11:00 - 11:30 Introduction to Peak Wise People Project,

What we propose to do for you: And what we want you to do for us.

11:30 - 12:15 Learning audit 1

**12:15 – 1:00 Lunch**

1:00 - 2:30 Outdoor Activity and Peak Park Talk

2:30 - 3:15 learning Audit 2

3:15 - 3:30 information for residential, tea and goodbyes

#### Until

- 8<sup>th</sup> June Navigation training at Warslow
- June 22<sup>nd</sup> 23<sup>rd</sup> Residential at Back Dane <http://backdane.co.uk/index.html>
- July 6<sup>th</sup> 7<sup>th</sup> Residential at Back Dane

## Introductory Programme

13<sup>th</sup> April 2019

**Attended by 7 champions**



**SWP Champions collecting an artist's natural palette of colours**

Andy Farmer and Sarah Wilks (PDNPA) led the Peak Wise People Training. This is the third time the training has been delivered. It was devised to train interested people from black and ethnic minority groups to lead people from their own communities on visits to the Peak District National Park.

The introductory day focused on getting to know yourself, purposes and fears of becoming a champion and gaining understanding of people's current capabilities and learning needs.

The outdoor activities allowed the prospective champions to enjoy nature and share ways of experiencing the outdoors that did not require much planning, navigation or equipment.

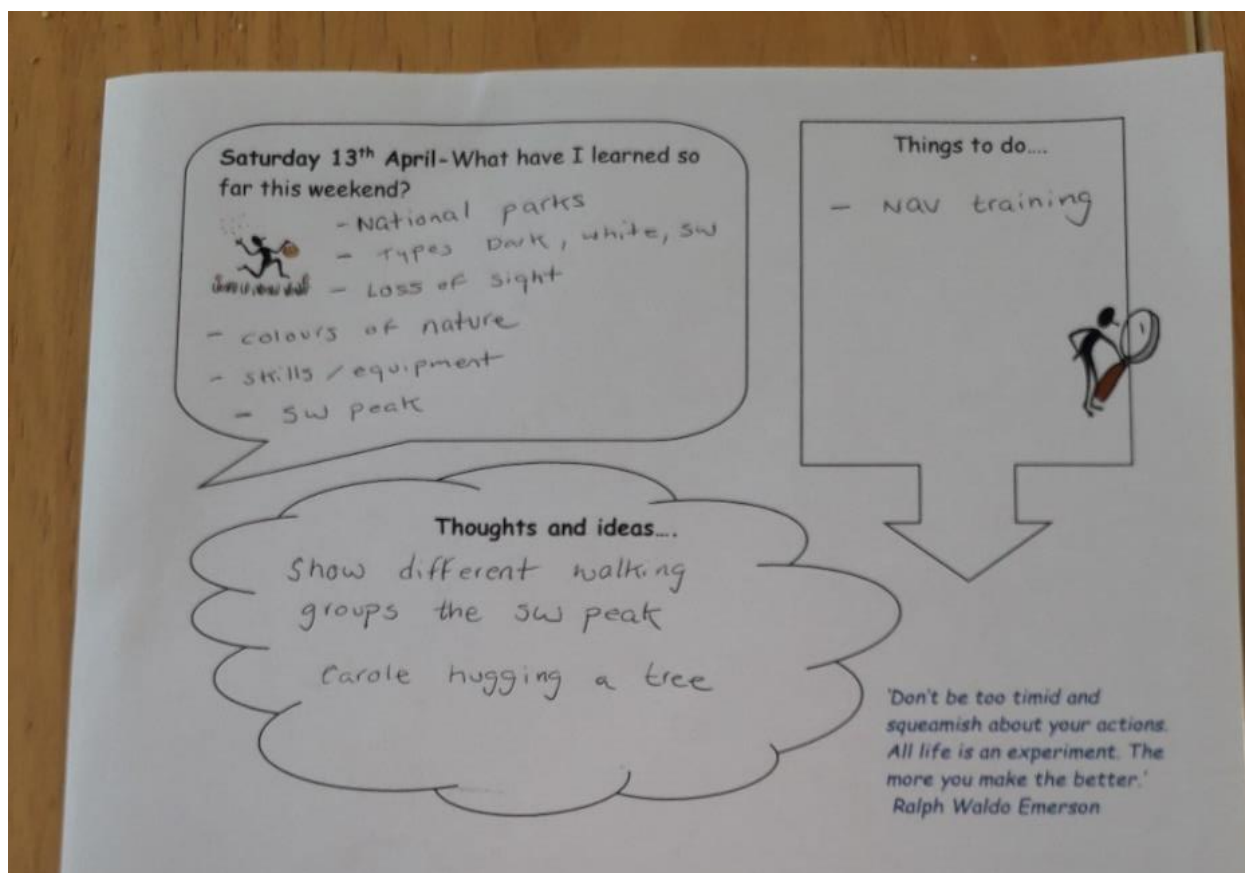
Sarah used the skills audit to adjust the rest of the Peak Wise People training days.

### **Summary of Skills Audit of SWP Peak Wise Group**

<b>Skills We have</b>	<b>Skills We need</b>
Safeguarding	Climbing
Working with diverse client groups	Ecology – flora and fauna
Walking and leading groups	Equipment knowledge
Mini bus driver	Navigation in Peak District
Knowledge of Peak District	First Aid
Excellent organizational skills – including food and snacks	Risk Assessments
	Leadership Skills

People skills – listening to what people want and finding ways to give them this Environmental studies Edible plant identification Using internet for finding information Fitness Construction skills Design plan and build pathways First Aid Fire prevention and safety Leadership skills Risk Assessments Repairing equipment Map reading navigation Good communication skills	Giving presentations Communicating to large groups Planning walks Building knowledge of where to take groups/activities in the area Ways to engage others to walk Outdoor leadership skills Catering for multi-cultural groups More knowledge of other South West Peak Projects
--	--

### Feedback from introductory day



Saturday 13<sup>th</sup> April - What have I learned so far this weekend?



collecting cards  
behind forked tree  
quiz at beginning  
history of peak parks  
a

Things to do...

Navigation

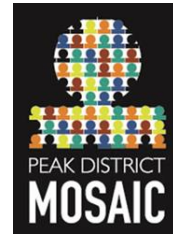
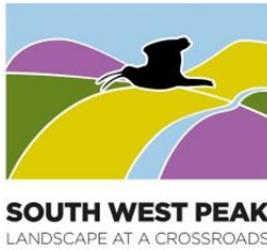


Thoughts and ideas...

Enjoying sitting in silence  
Ideas for wildlife collection +  
observation with children.  
Historical perspectives.

'Don't be too timid and  
squeamish about your actions.  
All life is an experiment. The  
more you make the better.'  
Ralph Waldo Emerson





**Peak Wise People programme**  
**Navigation Training Day**  
**Warslow Village Hall**

**Saturday, 8<sup>th</sup> June**

**Aims**

- To share some enjoyable and versatile ways to connect with the Peak District National Park
- Have a better understanding of interpreting the Peak District landscape
- To gain knowledge about the use of maps, and learn basic map reading skills
- To develop knowledge about navigation techniques, route finding and safety in the outdoors

**Programme**

11:00 - 11:30am	<b>Welcome and introduction to the day.</b> Tea and Coffee provided
11:30am - 12:30pm	<b>Introduction to map reading.</b> Indoor session
12:30pm - 1:00pm	<b>Lunch</b>
1:00pm - 3.45pm	<b>Practical map reading exercise.</b> Outdoor session. Maps and compasses provided.
3.45pm - 4:00pm	<b>Re-cap, question session and evaluation,</b> indoors at Warslow Village Hall

Trainers Andy Shaw and Martin Winder

Transport and hospitality Helen Betts

Please bring a packed lunch and drink, and outdoor clothing and waterproofs.

**Navigation Day**  
**8<sup>th</sup> June 2019**



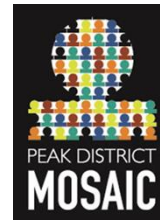
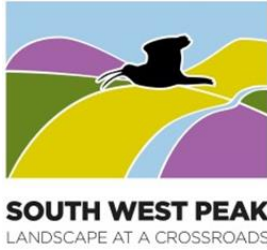
Champions gathering outside Warslow Village Hall at the start of the practical navigation day

The morning of the navigation day looked at different maps available in the South West Peak from trails in leaflets to OS maps. The leaflets also gave champions ideas on where to lead walks. Champions then learned to read OS maps, including grid references, contours and symbols. The afternoon was spent attempting to keep dry while navigating around Warslow.



Shiya admiring a wildflower meadow.

This was the first training event that Shiya attended. We knew that Shiya usually walked with a walking frame and it was very useful to get to know her and her capabilities better. Although unable to walk far Shiya's enthusiasm for the outdoors and her motivation for doing what she can are astounding. For this training it was necessary to have three trainers available for one to one walking with Shiya and two people walking with the rest of the group.



**PEAK WISE PEOPLE**  
*Growing the Knowledge*  
**Back Dane Programme**  
 23<sup>rd</sup> June

**Aims**

- To share some enjoyable and versatile ways to connect with the Peak District National Park
- Have a better understanding of the role of National Parks
- Have gain knowledge about the flora, fauna, history and geology of the Peak District National Park
- To develop knowledge about farming practice in the Peak District National Park

**Programme - Sunday 23rd June**

10:00 - 10:30	<b>Welcome, Introduction</b> Tea and Coffee	Sarah Andy
10:30 - 1:00	<b>Community Science</b> , OPAL taster session of community science surveys and introduction to Ecology of South West Peak and wider Peak District.	Sarah and Andy
1:00 - 1:30	Lunch	
1:30 - 2:15	<b>Mosaic Case studies</b>	Yvonne
2:15-3:30	<b>Health and safety</b> - Safe group leadership, what's in a back pack, health and safety scenarios	Sarah and Andy
3:30 -4:30	Forward planning and evaluation	Sarah and Andy



**22<sup>nd</sup> June 2019**

**Cancelled due to a clash with Asha's refugee week**

**23<sup>rd</sup> June 2019**

**Growing the Knowledge**



Champions learning plant identification at Back Dane

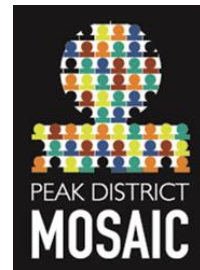
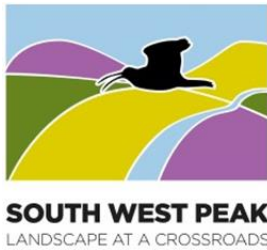
It was at this training event that the last two champions joined the project. They had already attended with, or on behalf of, other champions but were invited to join in their own right.

Champions enjoyed exploring the woods, meadow and stream at Back Dane. Shiya and Tony were not able to travel across the rough ground around Back Dane but others brought items to them and they felt included and looked after.

Both Shiya and Tony made recommendations to Back Dane to enable less able-bodied people to enjoy this remote experience including adding a second banister on the stairs, including pictures of the bathrooms on the webpage and putting a path through the meadow. Back Dane trustees appreciated the feedback, have already completed the first two suggestions, and are looking at the third.

The afternoon session involved emptying out a well-stocked leaders' rucksack and making individual and group decisions on the most important items to take on a walk.





## Peak Wise People Programme

### Planning Your Visit

#### Residential at Back Dane

6<sup>th</sup> and 7<sup>th</sup> July

#### Aims- By the end of the weekend you will have;

- Shared some enjoyable and versatile ways to connect with the Peak District National Park
- Have a clear plan and timescale for your own project
- Have a clear understanding of health and safety issues when working with groups on events such as guided walks

#### Programme

##### Saturday

10:00 - 10:30	<b>Welcome, Introduction to weekend, Tea and Coffee</b>	Helen +
10:30 - 12:00	Risk assessments - generic and specific	Andy
12:00 - 12:15	Tea and coffee	
12:15 - 1:00	Volunteering opportunities for South West Peak	Helen
1:00 - 2:00	Lunch	
2:00 - 2:45	Media and monitoring for your projects	Helen and Sarah
2:45 - 3:00	Tea, coffee break	
3:00 - 5:00	Walk - refresh navigation skills	Andy and Sarah
5:45-6:30	Dinner	
7:00 - 8:00	Round the fire TBC	Sarah and Helen

##### Sunday

8:30 - 9:30	Breakfast	
10:00 - 10:30	Tidying and making lunch	
10:30 - 1:00	River dipping and natural art at Tittesworth Reservoir	Andy and Sarah
1:00 - 2:00	Lunch	
2:00 - 3:00	<b>Round up and Finish at Marsh Farm</b>	Helen, Sarah and Andy



**6<sup>th</sup> July 2019**

**Planning Your Visit Residential Day 1**

The weekend at back Dane was the best attended of all the training events. Two were not able to come until Saturday evening and one had to leave early on Sunday, but otherwise a full house. Having a residential, although not essential to the training, does consolidate group spirit and encourages ideas that trips do not just have to be for the day. The morning and early afternoon sessions were planned well but champions were getting a little restless staying inside for two thirds of the day. Much interest was taken in the risk assessments and other projects run by the South West Peak Landscape partnership, where volunteering was possible, and copies by email were requested for both. The enthusiasm for the monitoring information in the afternoon did wain with champions eager to get out in the countryside. Shiya and Tony were not present for the afternoon walk due to limited accessibility outside the building. The champions enjoyed the area immensely with one champion organizing her first trip to stay at Back Dane and walk in the area.



Champions congregating outside Back Dane, at the start of their afternoon walk.

Evening activities included starting fires without a match and sitting around a communal fire.



"I did it" Shiya excited at succeeding at fire starting without a match

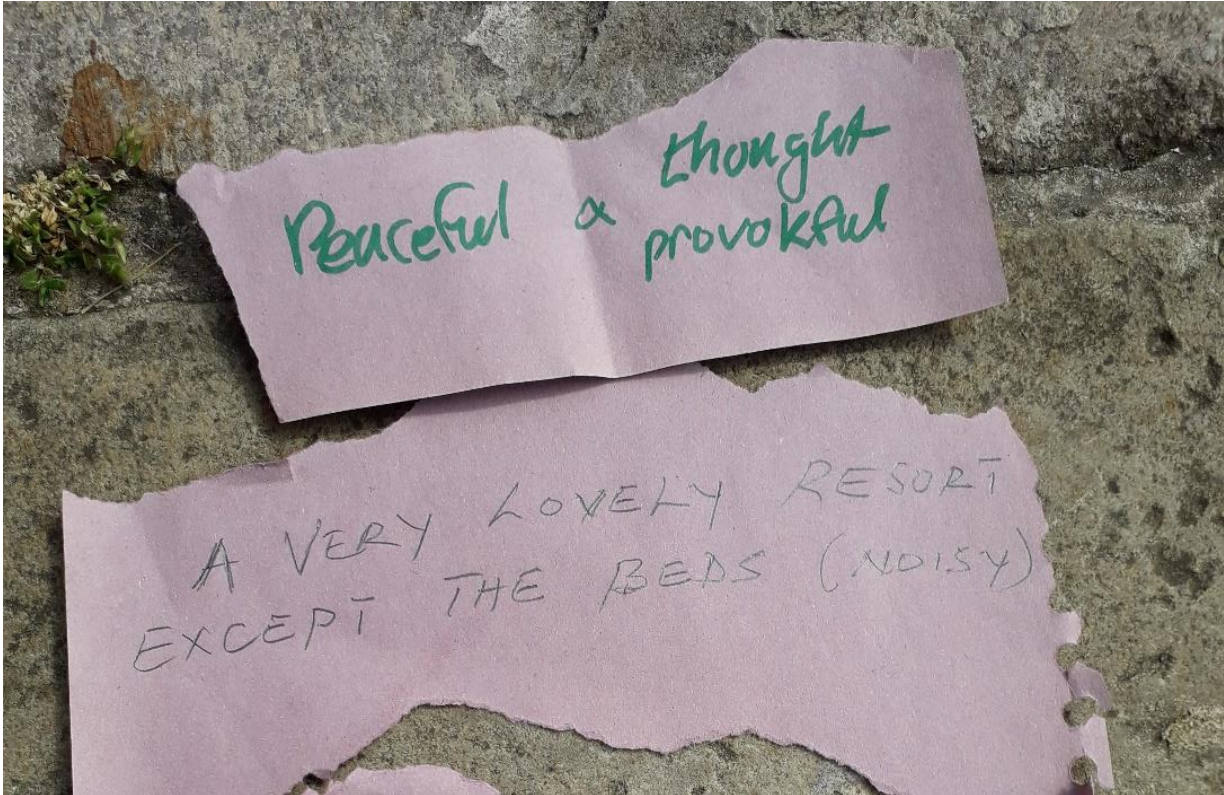


7<sup>th</sup> July

Planning Your Visit Residential Day 2

After breakfast, making lunch and tidying away, the champions spent 10 minutes in solitude at a location of their choice around Back Dane, just to look, listen and appreciate their surroundings. This is an excellent example of how nature can be used to provide mini meditation and rest opportunities. Champions were asked to then put thoughts on to scrap paper which allows people to not worry about being neat or eloquent but just let thoughts and feelings flow.

Here are the results:





Silence for my heart.

Wonderful to see the butterflies  
as seen so few this year elsewhere

This place is very beautiful and quiet.  
It gives use body safe and keep  
your mind fresh.

Positive vibes

empowered  
Collabrative  
Connective

it's  
experiences  
start  
places  
new

So inspiring - lots of laughter explore  
thoughts + ideas emerging  
Beautiful - Creative  
Calm Restful not stress full  
Inclusive  
Fabulous. everything - place  
like people develop



Remember what's important  
green still quiet buzzing

To share the experience of  
outdoors with others and enjoy  
natural sounds | smells | views | weather  
touch | feelings.

The peaceful bliss of the sound of  
nature, birds singing, sheep calling and  
the river flowing. The fresh air in  
your lungs, the sun shining down.  
The gentle wind tickling your neck.  
... peaceful bliss

This weekend gave me a lot of solitude, it was nice and peaceful. I liked the  
fact that I had the opportunity to relax my body but I was not excluded  
the scenery is beautiful and not something you get to see everyday!  
The sounds of the sheep and birds give me a nice sense of being one  
with nature. I can hear the sound of the river which makes me  
feel a sense of well-being. The complete was good everyone was relaxed  
and it felt so good. One well. I saw phoebots, which is not some  
thing you see. I can hear an owl hooting faintly from the hills surrounding  
the area.



The morning session at Tittesworth Reservoir allowed all to participate and highlighted the wonderful facilities made available at Tittesworth Reservoir by Severn Trent Water. There are approximately two miles of accessible footpath, and mobility scooters are available.


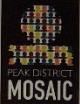


Champions training each other to look for invertebrate life in a river.

Late morning also saw champions mimicking Andrew Goldsworthy with their natural art.

The afternoon was intended as a meet your mentor and plan your own trips session. Only one mentor was available to attend, however, so the morning session was extended and the afternoon limited to discussing possible plans and completing evaluation sheets as shown below.



**PEAK WISE PEOPLE – Sharing the Knowledge**

Name Misbah Uddin

Please take a few moments to complete this evaluation form.

Please tick this box if you are happy for us to quote you in future marketing materials

Which aspects of the residential did you find most useful and why?  
*The walk because it's taken me to near nature and making fire without matches was amazing.*

Which aspects of the residential did you find least useful and why?  
Please fix the oil beds.

What changes to the residential, if any, would you propose?  
Food with more spec or etc.

On completion of the residential did it meet its stated learning objectives?

Completely  ①  ②  ③  ④  ⑤ Not at all

Additional comments?


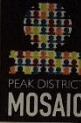
Overall do you feel your knowledge of the Peak District National Park has grown

A lot  ①  ②  ③  ④  ⑤ Very Little

We'd also like specific feedback on the following

	Excellent	Very poor
Course content	<input checked="" type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤	<input type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤
Support materials and handouts	<input checked="" type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤	<input type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤
Field visits (if applicable)	<input checked="" type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤	<input type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤
Professionalism of trainers	<input checked="" type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤	<input type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤

Do you have any final thoughts on the course and its delivery?

**PEAK WISE PEOPLE – Sharing the Knowledge**

Name Subana Begum

Please take a few moments to complete this evaluation form.

Please tick this box if you are happy for us to quote you in future marketing materials

Which aspects of the residential did you find most useful and why?  
*The walk, one is because it showed me that I could handle the challenge of walking when taking groups and I realized my capabilities.*

Which aspects of the residential did you find least useful and why?  
N/A

What changes to the residential, if any, would you propose?  
Shorter walks, break up the walks up a little bit, build up to it if possible.

On completion of the residential did it meet its stated learning objectives?

Completely  ①  ②  ③  ④  ⑤ Not at all

Additional comments?  
*The location was perfect, it was nice and quiet so it made it easier to focus on the talks.*


Overall do you feel your knowledge of the Peak District National Park has grown

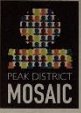
A lot  ①  ②  ③  ④  ⑤ Very Little

We'd also like specific feedback on the following

	Excellent	Very poor
Course content	<input type="radio"/> ① <input checked="" type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤	<input type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤
Support materials and handouts	<input type="radio"/> ① <input checked="" type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤	<input type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤
Field visits (if applicable)	<input type="radio"/> ① <input checked="" type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤	<input type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤
Professionalism of trainers	<input checked="" type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤	<input type="radio"/> ① <input type="radio"/> ② <input type="radio"/> ③ <input type="radio"/> ④ <input type="radio"/> ⑤

Do you have any final thoughts on the course and its delivery?  
*The course was delivered well, it was interesting and informative, the information given was also for right audience.*

 **HERITAGE FUND**

 **PEAK DISTRICT MOSAIC**

**PEAK WISE PEOPLE – Sharing the Knowledge**

Name TISHA ZARNE

Please take a few moments to complete this evaluation form.  
 Please tick this box if you are happy for us to quote you in future marketing materials

Which aspects of the residential did you find most useful and why?  
Group get together, supportive groups - information.

Which aspects of the residential did you find least useful and why?  
Some of handouts best printed as emails. Support making plans

What changes to the residential, if any, would you propose?  
PLEASE: Nothing probably very well organised food + fire escapes. Do need emails for slideshows.

On completion of the residential did it meet its stated learning objectives?  
 Completely  ⑤  ④  ③  ②  ① Not at all

Additional comments?


A lot Very Little

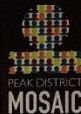
Overall do you feel your knowledge of the Peak District National Park has grown  ⑤  ④  ③  ②  ①

We'd also like specific feedback on the following

	Excellent				Very poor
Course content	<input checked="" type="radio"/> ⑤	<input type="radio"/> ④	<input type="radio"/> ③	<input type="radio"/> ②	<input type="radio"/> ①
Support materials and handouts	<input type="radio"/> ⑤	<input checked="" type="radio"/> ④	<input type="radio"/> ③	<input type="radio"/> ②	<input type="radio"/> ①
Field visits (if applicable)	<input type="radio"/> ⑤	<input checked="" type="radio"/> ④	<input type="radio"/> ③	<input type="radio"/> ②	<input type="radio"/> ①
Professionalism of trainers	<input type="radio"/> ⑤	<input checked="" type="radio"/> ④	<input type="radio"/> ③	<input type="radio"/> ②	<input type="radio"/> ①

Do you have any final thoughts on the course and its delivery?  
Some very good information ~~to take home~~  
 Plans for risk assessments.  
 To consider some volunteers can't say find + reclaim.

 **HERITAGE FUND**

 **PEAK DISTRICT MOSAIC**

**PEAK WISE PEOPLE – Sharing the Knowledge**

Name Shiya

Please take a few moments to complete this evaluation form.  
 Please tick this box if you are happy for us to quote you in future marketing materials

Which aspects of the residential did you find most useful and why?  
background, new experience, more likely minded

Which aspects of the residential did you find least useful and why?  
hill & slope side

What changes to the residential, if any, would you propose?  
more accessible,

On completion of the residential did it meet its stated learning objectives?  
 Completely  ⑤  ④  ③  ②  ① Not at all

Additional comments?  
passionate about it  
 thanks a lot for all the support

A lot Very Little


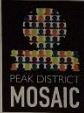
Overall do you feel your knowledge of the Peak District National Park has grown  ⑤  ④  ③  ②  ①

We'd also like specific feedback on the following

	Excellent				Very poor
Course content	<input checked="" type="radio"/> ⑤	<input type="radio"/> ④	<input type="radio"/> ③	<input type="radio"/> ②	<input type="radio"/> ①
Support materials and handouts	<input type="radio"/> ⑤	<input checked="" type="radio"/> ④	<input type="radio"/> ③	<input type="radio"/> ②	<input type="radio"/> ①
Field visits (if applicable)	<input type="radio"/> ⑤	<input checked="" type="radio"/> ④	<input type="radio"/> ③	<input type="radio"/> ②	<input type="radio"/> ①
Professionalism of trainers	<input checked="" type="radio"/> ⑤	<input type="radio"/> ④	<input type="radio"/> ③	<input type="radio"/> ②	<input type="radio"/> ①

Do you have any final thoughts on the course and its delivery?  
Motivated  
 enthusiastically keen to prepare or plan



PEAK WISE PEOPLE – Sharing the Knowledge

Name Keill Pyzawo

Please take a few moments to complete this evaluation form.

Please tick this box if you are happy for us to quote you in future marketing materials

Which aspects of the residential did you find most useful and why?  
The Bakery, Navigation and walking activity

Which aspects of the residential did you find least useful and why?  
No mobile signal for connecting to the world :)

What changes to the residential, if any, would you propose?  
Probably, the changing the workshops.

On completion of the residential did it meet its stated learning objectives?

Completely      Not at all

Additional comments?  
I like your coaches. My kind regards to Helen, Sarah and Andy.

Overall do you feel your knowledge of the Peak District National Park has grown

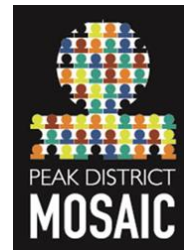
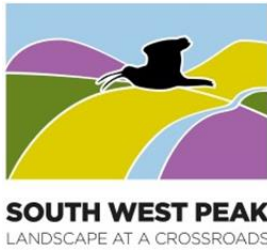
A lot      Very Little

We'd also like specific feedback on the following

	Excellent	Very poor
Course content	<input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>
Support materials and handouts	<input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>
Field visits (if applicable)	<input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>
Professionalism of trainers	<input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>

Do you have any final thoughts on the course and its delivery?  
It's the perfect course for improving of the knowledge in the wild environment as whole and Peak District specifically.

Champions were very pleased with the training and accommodation with just a couple of reservations on the beds and requirement for more spicy food.



**Peak Wise People programme**  
**Local History Day**  
**Buxton**

**Sunday 18<sup>th</sup> August**

**Aims**

- To share some enjoyable and versatile ways to connect with the Peak District National Park
- Have a better understanding of interpreting the Peak District history
- To gain knowledge about the use of maps, and improve basic map reading skills

**Programme**

11:00 - 11:30am	<b>Welcome and introduction to the day.</b> Tea and Coffee provided
11:30am - 12:30pm	<b>Buxton local History. A short walk for all.</b> <b>Led by Catherine Parker Heath.</b>
12:30pm - 1:00pm	<b>Lunch. Outside if weather is good</b>
1:00pm - 3:00pm	<b>Visit to Goyt Valley.</b> Split into 2 groups - short flat walk with Helen or steeper, longer walk with Catherine
3:pm - 4:00pm	<b>Re-cap, question session and evaluation,</b> indoors at Buxton Swimming
4:00 - 4:30	Any Questions. Swap mentors contact details

Trainers Catherine Parker Heath, and Sarah Wilks

Transport and hospitality Helen Betts

Please bring a packed lunch and drink, and outdoor clothing and waterproofs.



## **18<sup>th</sup> August**

### **History Day**

Only three champions could attend this event. Two gave apologies before the day, six just did not turn up on the day and three of these gave apologies after the event. With three mentors attending, the group was still a good size for the day. The mentors were from Sheffield and were able to increase their knowledge of the South West Peak. One champion used the day to plan her first trip and returned in September. Two people who could not attend also used the Pavilion Gardens as a venue later in the year. As one of the few sites in the South West Peak with accessible footpaths, this was a popular venue and a good example of how the choice of venue for training can inspire future trips.

Here mentors and champions enjoyed one of the items on Catherine's history treasure hunt.



St. Anne's Well with fresh warm water over 5000 years old



Pausing between the Errwood Hall and Errwood cemetery

The history day rounded off the whole training and completed the balance between walking, navigating, the natural world, planning and historical interest. The afternoon was spent going over forms in detail with many questions asked and answered and packs available for champions to take away.

## VTO comments

### **Transport**

More focus is needed on travelling by public transport for those without cars and discussions need to take place on what this means for time, training and equipment needs. Someone travelling by public transport can take two to four times as long to get to the location. They will need to be more independent and confident of leading and pre-planning alternative routes and scenarios than someone arriving by car. More food and drink would be needed and maybe clothing for changes in weather and changes in activity such as walking up a hill compared to still at a bus stop. Each participant would need to be given a list of what to bring and a means of carrying it. Rucksacks were given to four champions but the participants on their walks still would not have had the capacity to carry clothes, food and drink for themselves.

### **Mentors and research facilities**

Mentors needed more notice than two months to enable them to attend sessions. Dates need to be set at least six months in advance to allow those who work some weekends and have other commitments to attend sessions. As few mentors attended the intended, 'meet the mentor' training session, not enough time was given to planning the first trips. Back Dane, although an amazing place to stay to learn navigation and ecology, was not a good choice for planning as it has no Wi-Fi or phone signal. Together these issues meant that champions left the last training, some not knowing who their mentor was and not having a clear picture of the trips they would plan.

### **Asha**

There is certainly the need for several champions from Asha to attend the training, however, having five champions from one organization allows them to rely too much on one person in the group for transport, communication and planning. For example, when planning meals for a residential, two members of the group asked me to talk to a third person to find out details of what food they would prefer at a weekend residential. For the hillwalking event, four members of Asha said they would only attend if one particular individual also attended. This is not the confidence and independence we were hoping to inspire in our champions.

The champions also relied too much on the finance staff at Asha rather than taking responsibility themselves. One training day had to be cancelled because it clashed with the refugee week event at Asha. Although both the Asha and SWPLP events had been planned and dates circulated for at least four months, the clash was not noticed until the VTO was invited to join the Asha event two weeks before the occasion. For this reason one residential was changed to a day event and an extra day added in August. Instead of completing the training in early July the training did not finish until mid-August.

### **Monitoring and finance**

Monitoring and finance forms were not prepared and explained until the fourth training event. These need to be prepared earlier and play an integral part in the training and feedback for each training event. For example the volunteer expenses claim could be introduced at the first event,

then a timesheet, a purchase order request or cash advance. The time allowed on the Peak Wise People training was not sufficient for understanding all the information needed from the champions. The forms were explained again at the last event but only three champions attended the extra day.

### **Leading**

The training is good but still leaves a large jump between attending training and planning, leading and reporting back on a visit. Champions could be asked to produce a blog or equal opportunities form about the group or asked to arrange transport for the next event or write a risk assessment for a walk just completed.

To ensure confidence, champions could plan, complete a walk and all paper work as a group before planning for an external group. This would also check understanding of the work required. The group could even be split in to two, half go by car and half by public transport!

### **Venues for training and activities**

The training was devised for people from black and ethnic minority groups to lead people from their own communities on visits to the Peak District National Park. More work could be done to make the training suitable for less able walkers, although locations with flat walks, facilities and access are limited in the South West Peak. Lyme Park was approached for a training room but only had a school barn suitable for larger groups who are not planning to stay inside for long.

Two champions were planning to take groups connected to (but not for) their work, including emotional wellbeing and dementia clients, the latter clients again need lower level of activity than planned for with the previous groups in mind. The need for flatter walks highlighted the need for more accessible routes to be developed and advertised in the South West Peak. The Peak District National Park Authority did launch its "Natural Health Service" during the training but only 2 of the 20 "Miles without Stiles" routes are in the South West Peak. For the less able groups we identified four areas where flatter walks are available.

The training was very well tailored to suit the different aspects of the South West Peak Landscape Partnership, however, champions still remained unclear about activities and places to visit in the South West Peak despite covering the subject on two occasions. This could be addressed by not using the same training venue twice and including a short tour of the area from each location. For the 'planning your own trips' session it would be advisable to have a venue where internet and phone signals are available. We only used one venue twice, Back Dane. It was used twice as it was the only venue of suitable size and price for our needs.